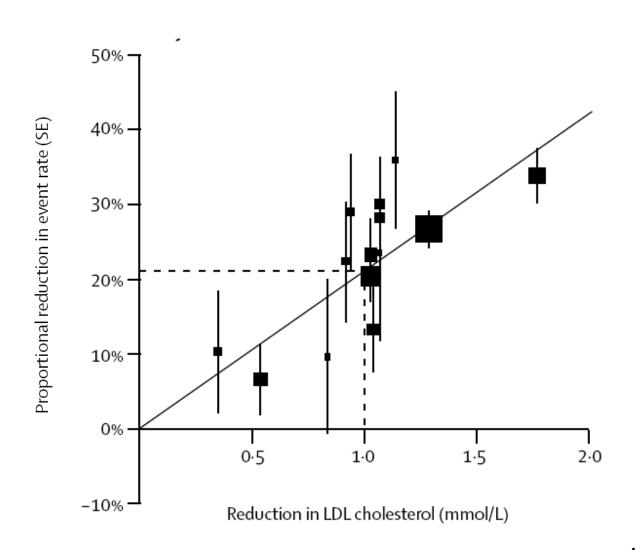
Cardiology Update, Davos, 2013: Satellite Symposium

# Protecting the heart and kidney: implications from the SHARP trial

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# First CTT cycle: Relation between the proportional reduction in MAJOR VASCULAR EVENTS and mean absolute LDL-C reduction at 1 year in 14 statin trials



## Proportional effects on MAJOR VASCULAR EVENTS per mmol/L reduction in LDL cholesterol

No. of events (% pa)
Statin/ Control/
More statin Less statin

Relative risk (CI)

Nonfatal MI	3485 (1.0)	4593 (1.3)		0.73 (0.69 - 0.78)
CHD death	1887 (0.5)	2281 (0.6)		0.80 (0.74 - 0.87)
Any major coronary event	5105 (1.4)	6512 (1.9)	<b>(</b>	0.76 (0.73 - 0.78)
CABG	1453 (0.4)	1857 (0.5)	<u>.</u>	0.75 (0.69 - 0.82)
PTCA	1767 (0.5)	2283 (0.7)		0.72 (0.65 - 0.80)
Unspecified	2133 (0.6)	2667 (0.8)	-	0.76 (0.70 - 0.82)
Any coronary revascularisation	on 5353 (1.5)	6807 (2.0)	<b>•</b>	0.75 (0.72 - 0.78)
Ischaemic stroke	1427 (0.4)	1751 (0.5)	<u> </u>	0.79 (0.72 - 0.87)
Haemorrhagic stroke	257 (0.1)	220 (0.1)		1.12 (0.88 - 1.43)
Unknown stroke	618 (0.2)	709 (0.2)	-	0.88 (0.76 - 1.01)
Any stroke	2302 (0.6)	2680 (0.8)	<b>•</b>	0.84 (0.79 - 0.89)
Any major vascular event	10973 (3.2)	13350 (4.0)	• <u> </u>	0.78 (0.76 - 0.80)
— <b>■</b> — 99% or <b>◆</b> → 95% CI				<del></del>

CTT Lancet 2010; 376: 1670-81

Statin/more statin better

0.4 0.6 0.8 1 1.2 1.4

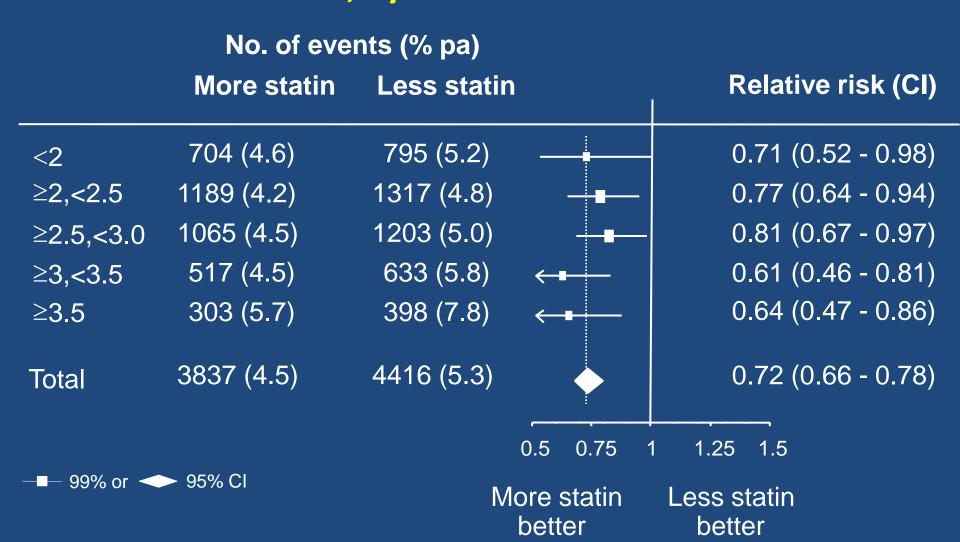
Control/less statin better

## Statins do not prevent non-coronary cardiac deaths: Evidence from two large trials in heart failure

Causes of death	CORONA <sup>1</sup>		GISSI-HF <sup>2</sup>	
	Rosuvastatin	Placebo	Rosuvastatin	Placebo
Any vascular	581	593	478	488
Sudden/ Arrhythmic	316	327	198	182
Worsening heart failure	193	191	203	231
Myocardial infarction	15	9	10	15
Other vascular	57	66	67	60
Non-vascular or unknown	147	166	179	156
Any death	728	759	657	644

<sup>&</sup>lt;sup>1</sup> CORONA Investigators *N Engl J Med* 2007; <sup>2</sup> GISSI-HF Investigators *Lancet* 2008

# More vs less trials: Proportional effects on MAJOR VASCULAR EVENTS per mmol/L reduction in LDL cholesterol, by baseline LDL cholesterol



### Serum Lipid Distribution Across Various Stages of CKD

	LDL-C	sdLDL	TRG	HDL-C	Lp(a)
Predialysis CKD (Stages 3-4)	↔ OR ↓	<b>†</b>	<b>†</b>	<b>†</b>	<b>↑</b> *
Nephrotic syndrome (Stages 3-4)	<b>†</b>	<b>†</b>	↔ OR ↑	↓ OR ↔ OR ↑	<b>†</b>
Hemodialysis (Stage 5)	↔ OR ↓	<b>†</b>	<b>†</b>	<b>†</b>	<b>†</b>
Peritoneal dialysis (Stage 5)	<b>†</b>	<b>†</b>	<b>†</b>	<b>†</b>	<b>†</b>
Renal transplantation (Stage 5)	<b>†</b>	<b>†</b>	<b>†</b>	<b>†</b>	<b>↓</b> *

Tsimihodimos V et al. *Am J Nephrol*. 2008;28(6):958 973.



<sup>\*</sup>Mainly in individuals with high-molecular-weight apolipoprotein(a) phenotypes.

# Cardio-renal phenotype: Reasons the effects of LDL-lowering may differ in CKD patients

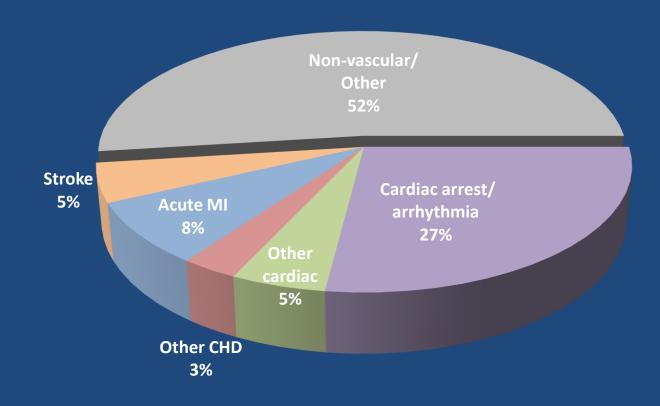
#### **Arteries**

- Atherosclerosis
- Increased wall thickness
- Arterial stiffness
- Endothelial dysfunction
- Arterial calcification
- Systolic hypertension

#### Heart

- Structural disease (ie, ventricular re-modelling)
- Ultrastructural disease (ie, myocyte hypertrophy and capillary reduction)
- Reduced left ventricular function
- Valvular diseases (hyper-calcific mitral/aortic sclerosis or stenosis)
- Conduction defects and arrhythmias

## Dialysis patients: Small minority of vascular deaths are atherosclerotic



# Statin trials in dialysis patients (~1 mmol/L reduction for ~4 years)

	4D	AURORA
	(N=1255)	(N=2776)
Coronary event	0.82 (0.68-0.99)	0.96 (0.81-1.14)
Stroke	1.33 (0.90-1.97)	1.17 (0.79-1.75)
Vascular mortality	0.91 (0.73-1.13)	1.00 (0.85-1.16)
Major vascular events	0.92 (0.77-1.10)	0.96 (0.84-1.11)

## CTT: Previous lack of evidence for reduction in MVE risk in people with eGFR below 30 mL/min/1.73m<sup>2</sup>

Estimated GFR	No. of	events			
(mL/min/1.73m <sup>2</sup> )	Statin	Control			Relative risk (CI)
< 30	46 (4.8%)	43 (6.1%)		<b></b>	0.82 (0.44 - 1.55)
≥30 < 45	313 (4.7%)	393 (6.0%)			0.77 (0.65 - 0.93)
≥45 < 60	1154 (3.9%)	1480 (5.1%)	-		0.79 (0.72 - 0.86)
≥60 < 90	3416 (3.2%)	4244 (4.1%)	=		0.80 (0.76 - 0.84)
≥90	671 (2.9%)	915 (4.1%)	_=		0.73 (0.65 - 0.82)
Total	5802 (3.1%)	7344 (4.0%)	$\Diamond$		0.78 (0.76 - 0.81)
——— 99% or <>>	95% CI		0.4 0.6 0.8	1 1.2 1.4	
Trend test: $\chi^2$ on 1	df = 0.61 ; p=0.43	<b>,</b>	Statin/more better	Control/less better	

CTT Collaboration Lancet 2010

# SHARP filled a gap in the evidence on lowering LDL-C in CKD patients

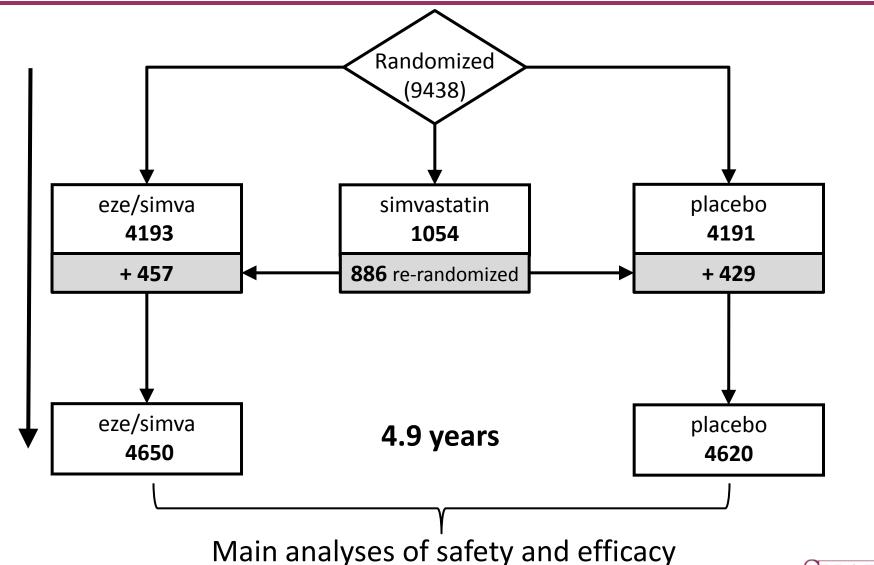
- Does LDL-lowering therapy reduce risk of atherosclerotic disease in CKD patients?
  - Exclusion of CKD patients from most statin trials
  - Previous statin trials in CKD patients inconclusive
- Can such a reduction be achieved safely?
  - Concerns about safety of statins in CKD patients
  - Combination of ezetimibe with moderate statin dose intended to minimize side-effects

#### SHARP: Wide inclusion criteria

- History of chronic kidney disease (CKD)
  - Not on dialysis: elevated creatinine on 2 occasions
    - Men: ≥1.7 mg/dL (150 μmol/L)
    - Women: ≥1.5 mg/dL (130 μmol/L)
  - On dialysis: hemodialysis or peritoneal dialysis
- Age ≥40 years
- No history of myocardial infarction or coronary revascularization



#### SHARP: Randomization structure



### SHARP: Baseline characteristics

Characteristic	Mean (SD) or %
Age	62 (12)
Men	63%
Systolic BP (mm Hg)	139 (22)
Diastolic BP (mm Hg)	79 (13)
Body mass index	27 (6)
Current smoker	13%
Vascular disease	15%
Diabetes mellitus	23%
Non-dialysis patients only	(n=6247)
eGFR (mL/min/1.73m²)	27 (13)
Albuminuria	80%



### Lipid profile (mg/dL) at randomization

	Number	Percent
Total-C (mean 189 mg/dL)		
<174	3434	39%
≥174 <212	3049	34%
≥213	2410	27%
LDL-C (mean 108 mg/dL)		
<97	3483	39%
≥97 <116	2096	24%
≥116	3313	37%



### Renal status at randomization

		Number	Percent
Pre-dialysis	eGFR*		
Stages 1/2	≥60	88	1%
Stage 3A	45-59	302	3%
Stage 3B	30-44	1853	20%
Stage 4	15-29	2565	28%
Stage 5	<15	1221	13%
Subtotal: pre-di	alysis	6029	67%
Hemodialysis	S	2527	28%
Peritoneal di	alysis	496	5%
Subtotal: dialysi	S	3023	33%
ALL PATIENTS		9052	100%
*eGFR in mL/min/1.	73m² S16	j.	



### SHARP: Safety

	Eze/simv (n=4650)	Placebo (n=4620)
Myopathy		
CK >10 x but ≤40 x ULN	17 (0.4%)	16 (0.3%)
CK >40 x ULN	4 (0.1%)	5 (0.1%)
Hepatitis	21 (0.5%)	18 (0.4%)
Persistently elevated ALT/AST >3x ULN	30 (0.6%)	26 (0.6%)
Complications of gallstones	85 (1.8%)	76 (1.6%)
Other hospitalization for gallstones	21 (0.5%)	30 (0.6%)
Pancreatitis without gallstones	12 (0.3%)	17 (0.4%)



### Benefit for both MAEs and MVEs

Event	eze/simva (n=4650)	placebo (n=4620)	Risk ratio & 95% CI
Major coronary event Non-hemorrhagic stroke Any revascularization procedure	213 (4.6%) 131 (2.8%) 284 (6.1%)	230 (5.0%) 174 (3.8%) 352 (7.6%)	
Major Atherosclerotic Event	526 (11.3%)	619 (13.4%)	0.83 (0.74-0.94) p=0.0021
Other cardiac death Hemorrhagic stroke Other Major Vascular Events	162 (3.5%) 45 (1.0%) 207 (4.5%)	182 (3.9%) 37 (0.8%) 218 (4.7%)	0.94 (0.78-1.14) p=0.56
Major Vascular Event	701 (15.1%)	814 (17.6%)	0.85 (0.77-0.94) p=0.0012
			<b>0.6 0.8 1.0 1.2 1.4</b> eze/simva placebo

better

better

# SHARP: Statistical power for detecting expected effects on specific outcomes

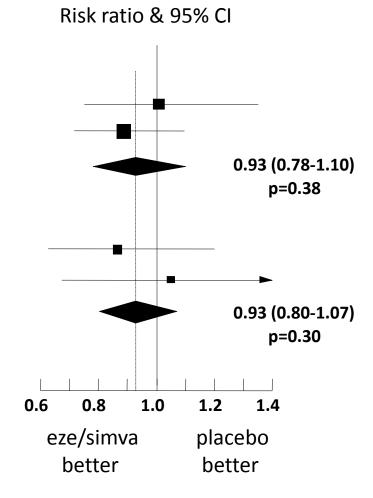
Outcome	Number	Expected* relative risk reduction	Power (at p=0.05)	Sample size (80% power at p=0.05)
Major atherosclerotic events	1145	18%	94%	6,000
Major coronary events	443	20%	65%	13,000
Ischemic stroke	305	18%	39%	24,500
Any revascularization	636	17%	67%	12,600
Vascular mortality	749	6%	13%	94,000
All cause mortality	2257	2%	8%	240,000

<sup>\*</sup>Based on data from CTT Collaboration Lancet 2010



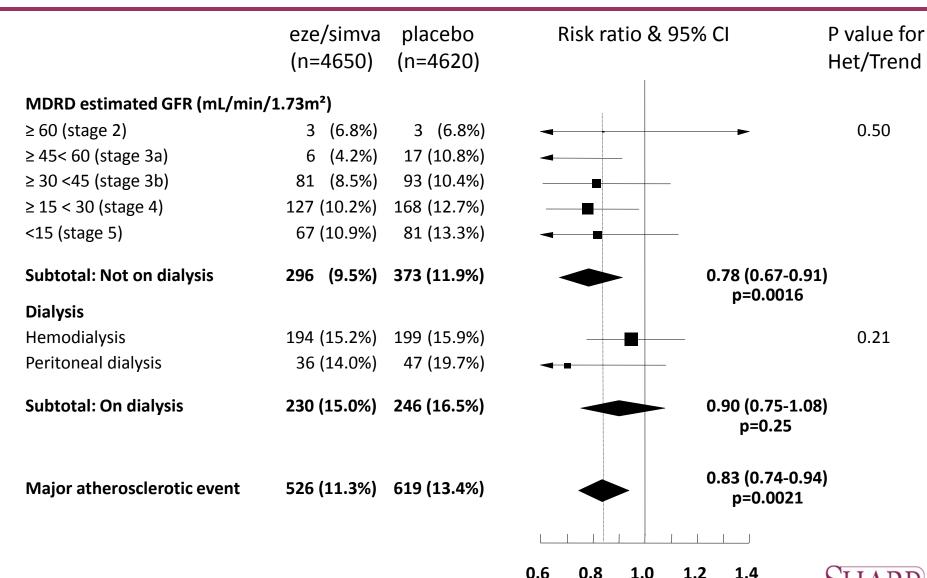
### SHARP: Vascular mortality

Event	eze/simva (n=4650)		placebo (n=4620)	
Coronary	91	(2.0%)	90	(1.9%)
Other cardiac	162	(3.5%)	182	(3.9%)
Subtotal: Any cardiac	253	253 (5.4%)		(5.9%)
Stroke	68	(1.5%)	78	(1.7%)
Other vascular	40	(0.9%)	38	(0.8%)
Subtotal: any vascular	361	(7.8%)	388	(8.4%)



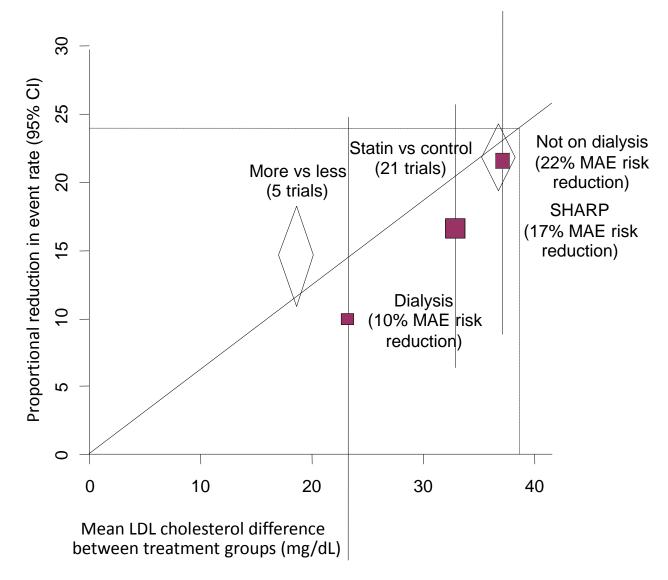


### SHARP: Major Atherosclerotic Events by CKD stage



SHARP STUDY OF HEART AND RENAL PROTECTION

# CTT: Effect on major vascular/atherosclerotic events by trial-midpoint LDL-C reduction





# No beneficial (or adverse) effect on pre-specified renal outcomes

Event	eze/simva placebo (n=3117) (n=3130)	Risk ratio & 95% CI
Main renal outcome		
End-stage renal disease	1057 (33.9%) 1084 (34.6%)	0.97 (0.89-1.05
Tertiary renal outcomes		
ESRD or death	1477 (47.4%) 1513 (48.3%)	0.97 (0.90-1.04
ESRD or 2 x creatinine	1190 (38.2%) 1257 (40.2%)	0.93 (0.86-1.01
		0.6 0.8 1.0 1.2 1.4
		eze/simva placebo better better



### SHARP: Summary of findings

- Allocation to eze/simva produced:
  - mean LDL-C reduction 33mg/dL (0.85mmol/L)
  - 17% reduction in major atherosclerotic events
  - No significant protective effect on renal progression
- Proportional reductions in line with LDL reduction in each patient subgroup (eg, dialysis patients), as predicted by trials in non-renal patients
- Longer treatment, and better compliance, would be expected to lead to larger benefits
- No evidence of serious adverse effects with eze/simva in vulnerable CKD patient population

